

Information on how to use personal insect repellents licensed in Canada

	Baby less than 6 months old	Child from 6 months to 2 years old	Child from 2 years to 12 years old	Pregnant or breastfeeding women	People over 12 years old
DEET	No bug repellent is recommended for babies less than 6 months of age. This includes 'natural' products.	Concentration: up to 10% Protection: 3 hours or less Application: 1 time per day maximum Do not use daily for more than one month	Concentration: up to 10% Protection: 3 hours or less Application: 3 times per day maximum Do not use daily for more than one month	Concentration: up to 30% Protection: 6 hours or less (depending on concentration) Application: 2 times per day maximum	Concentration: up to 30% Protection: 6 hours or less (depending on concentration) Application: dependent on protection time and needs
Icaridin	Instead, protect your baby with long clothing and place a mosquito net over the baby's stroller, crib, or carrier .	Concentration: up to 20% Protection: 3-5 hours (10%), 8-10 hours (20%) Application: depending on protection time and needs	Concentration: up to 20% Protection: 3-5 hours (10%), 8-10 hours (20%) Application: depending on protection time and needs	Concentration: up to 20% Protection: 3-5 hours (10%), 8-10 hours (20%) Application: 2 times per day maximum	Concentration: up to 20% Protection: 3-5 hours (10%), 8-10 hours (20%) Application: depending on protection time and needs
<i>Apply only to body parts which are exposed. Do not apply near eyes, mouth, or hands. Avoid applying on damaged skin or mucous membranes . Apply sunscreen before applying bug repellent.</i>					

DEET and icaridin are the two ingredients licensed for person use against ticks in Canada. The content of this table has been adapted from information provided by [Health Canada](#) and the [Government of Quebec](#).